

Student Caregiver Education & Awareness Services

— Higher Education Edition —

Identify. Support. Empower the hidden caregivers on your campus.

Student caregivers — students balancing coursework while caring for a parent, sibling, grandparent, or other family member who is chronically ill or disabled — remain one of the most underidentified and underserved populations in higher education. Without recognition and support, they face increased risk of isolation, academic struggle, and interrupted educational journeys. Resilience + Hope Consulting brings specialized, research-grounded expertise in student caregiver equity to help colleges and universities finally see, identify, and support these students.

HIGHER EDUCATION

Faculty & Staff Awareness Training

A 90-minute workshop for faculty and student affairs staff on recognizing student caregivers, making appropriate referrals, and building a caregiver-aware campus culture.

- Research overview on student caregiver impact on retention and GPA
- Practical identification and referral guidance
- Policy and accommodation considerations
- Resource guide tailored to the campus

\$2,000 – \$3,000

On-site or virtual · standalone or part of a broader engagement

Campus Caregiver Needs Assessment — Standard

A structured survey-based process to help a college understand the size and shape of their student caregiver population, with a findings report and actionable recommendations.

- Survey instrument design (embeds in existing intake or wellness surveys)
- Analysis of results with demographic breakdown
- Written findings report with recommendations
- 30-minute debrief presentation to campus leadership

\$5,000 – \$7,500

6–8 week engagement, accounting for survey distribution and response collection period

Campus Caregiver Needs Assessment — Enhanced

Everything in the Standard assessment, plus stakeholder interviews with student-facing staff to triangulate findings and catch students that survey response alone may miss.

- All Standard assessment deliverables
- Structured interviews with counseling, advising, and financial aid staff
- Cross-referenced findings report

\$7,000 – \$10,000

6–8 week engagement

On-Campus Support Group Program Design

FLAGSHIP
SERVICE

Full design and launch support for a student caregiver peer support group — including facilitator training, group structure, session guides, and a sustainability plan for the campus to run it independently.

- Group structure and session curriculum (6–8 session arc)
- Facilitator training for faculty, counseling staff, or trained peer leaders
- Referral pathway integration with the counseling center
- First two sessions co-facilitated by Resilience + Hope
- Sustainability and handoff plan

\$10,000 – \$15,000

Additional facilitated sessions available at \$750/session

ORGANIZATIONS & CONFERENCES

Keynote & Conference Speaking — Student & Advocacy Organization Events

A research-grounded, story-driven talk on the hidden student caregiver population, sized for student organization and advocacy group audiences.

- Customized to audience and event theme
- 45–75 minutes with optional Q&A
- Slide deck and speaker resources provided

\$2,500 – \$3,500

Plus travel

Keynote & Conference Speaking — Professional Conferences

The same research-grounded talk, scaled for professional conference audiences — higher education associations, school counselor associations, and caregiver advocacy organizations.

- Customized to conference theme and audience
- 45–75 minutes with optional Q&A
- Slide deck and speaker resources provided

\$3,500 – \$5,000

Plus travel

Grant & Program Development Support

Subject-matter expertise to strengthen applications for student caregiver programs — not lead grant writer, but a partner who brings higher education programmatic expertise to the narrative.

- Review and strengthening of existing draft applications
- Program design consultation to align with funder priorities
- Narrative development grounded in current research

Project-based pricing

Available upon request

MISSION-ALIGNED PRICING

HSIs, HBCUs, Tribal Colleges, and MSIs receive a 15% discount. Title I institutions: sliding scale available. Community colleges: 10% discount on packages.

Custom packages and multi-service bundles available. Contact us to discuss your campus or organization's specific needs.

RESILIENCE + HOPE CONSULTING